

2002 RV Trip – November in Delaware/Virginia Beach

Day 1 – Cape Henlopen State Park, Delaware (228 miles; 4 hours)

Drive 4 hours to Cape Henlopen State Park

Bike ride along the paved biked trails through the forests and dunes in the park

Stop at the Observation Tower and enjoy the panoramic views

Later that evening, let the kids skateboard on the paved trails

Stay at Cape Henlopen State Park Campground

Day 2 – First Landing State Park, Virginia (169 miles; 3.5 hours)

Drive 3.5 hours to First Landing State Park in Virginia Beach

Bike the 6-mile Cape Henry Trail through the park

Stop along the way to hike the 1.5-mile Bald Cypress Trail

Stay at First Landing State Park Campground

Day 3 – First Landing State Park, Virginia (0 miles; 0 hours)

Meet up with old friends that now live in Virginia Beach

Spend some time strolling the Virginia Beach boardwalk

Have lunch at Mahi Mah's on the boardwalk

Go back to the campground beach – relax, fly kites, etc.

Stay another night at First Landing State Park

Day 4 – Assateague Island, Virginia and Home (400 miles; 7.5 hours)

Drive 2 hours to Assateague Island

Bike the 3.2-mile Wildlife Loop

Drive the remaining 5.5 hours home

Total Trip Mileage: 796 miles

Average Miles per Day: 199 miles per day